

ADRIAN BARNETT-THOUNG-HOLLAND

Year called 2013

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OVERVIEW

Described as 'heroic,' 'advancing his client's case sensitively but with complete fidelity to his instructions,' and producing 'written advocacy of the highest order,' Adrian brings empathy and reassurance to cases, turning down the temperature in even the most acrimonious circumstances. He prepares every case to the finest detail and presents them in court with measured and intelligent advocacy.

PRACTICE AREAS

Finance and Private Client

Direct Access

TESTIMONIALS

'He is very articulate, straightforward, pragmatic and clear with clients. He is very efficient and reliable which puts instructing solicitors and clients at ease during stressful court proceedings.' – Legal 500, 2024. Ranked Tier 4.

EXPERIENCE

Adrian practises exclusively in financial remedies and matters relating to divorce with particular experience in matters involving complex pension assets, the Proceeds of Crime Act 2002 and applications for financial relief after foreign divorce under the Matrimonial Family and Proceedings Act 1984. He also appears in cases involving disputes between cohabitants under TOLATA 1996 and applications under Schedule 1 of the Children Act 1989.

Adrian also conducts Private FDRs.

Outside of a chambers, Adrian is also a mentor with Bridging the Bar, partnering with over 70 chambers and the Supreme Court to provide mentorship and work experience to aspiring barristers from underrepresented backgrounds.

Adrian also accepts instructs via the Bar Public Access Scheme.

PUBLICATIONS

[Adoption: A Vision for Change – permanency and ‘the last resort’ – Family Law Week](#)

[Adoption and The Children and Social Work Bill – Family Law Week](#)

[Child Contact Interventions – Family Law Week](#)

[‘Lawyers in Lockdown’ \[2020\] IFL 265](#)

[‘Scott Schedules and Coercive Control’ \[2021\] Fam Law 611](#)

[‘Qualified Legal Representatives in Financial Remedies Proceedings’ Financial Remedies Journal – 2024, Issue 1 Spring \(with Alice Thornton\)](#)

Adrian also provides webinars for Family Law Week and training on a regular basis for solicitors’ firms on matters relating to financial remedies and ToLATA 1996 proceedings.

CASES

D (A Child) (2016) [2016] EWCA Civ 1230

[F v M \[2021\] EWFC 4](#)

[X v Y \[2022\] EWFC 95 \(shortlisted for Lexis Family Law Awards ‘Case of the Year’ 2023\)](#)

[AXA v BYB \(QLR: Financial Remedies\) \[2023\] EWFC 251 \(B\)](#)

[A v B \(Re Matrimonial and Family Proceedings Act 1984\) \[2023\] EWFC 241](#)

SCHOLARSHIPS & PRIZES

Lord Denning, Lord Haldane and Hardwicke Scholarships (Lincoln’s Inn)

First Class Prize (University of Warwick)

First Class Prize for Obtaining First Class Results (City University, London)

Martin Dockray Memorial Fund Price for top GELLB Student (City University, London)
GELLB Scholarship (EU and Home) for Best GELLB Part 1 Results (City University, London)

EDUCATION AND PROFESSIONAL MEMBERSHIPS

BA (Classics), University of Warwick: First Class
LLB, City University London: First Class
BCL, Brasenose College, University of Oxford
BPTC, City University London: Very Competent

Lincoln's Inn
Family Law Bar Association
Resolution
